

# Clean Fifteen List

*Avocados*  
*Sweet corn*  
*Pineapples*  
*Cabbage*  
*Sweet peas (frozen)*  
*Onions*  
*Asparagus*  
*Mangos*  
*Papayas*  
*Kiwi*  
*Eggplant*  
*Grapefruit*  
*Cantaloupe*  
*Cauliflower*  
*Sweet potatoes*

Inspired  Housewife